

Meridian is a great place for your kids this summer!

The staff at Meridian Gymnastics is very excited to announce its plans for week long gymnastics camps as well as hour long weekly gymnastics and tumbling classes.

Our camps are for children ages three and up, giving families the ability to send children of all ages- all at the same time!

A week at Meridian gymnastics camp will include gymnastics and exercise, arts and crafts, and water and outdoor activities. Games, awards, and lots of fun will be included every day!

You choose: mornings, afternoons, full day, or even an extended day until 5:00 p.m. Send the kids for a summer time treat or use us for summer time child care. We know your child will enjoy every moment in our beautiful air conditioned facility.

All campers will need to submit proof of a physical within the last 24 months as well as immunizations.

We also continue to run a limited schedule of hour long gymnastics classes for ages 15 months up through the teens.

Our four year old facility has an 18' x 18' free foam pit to play in (or train in for the gymnast or tumbler hoping to learn new tricks), an in-ground trampoline and 30' tumble track to bounce and flip on, all the gymnastics equipment you could dream of, and a comfortable clean lobby for snacking and doing projects.

We are conveniently located on route 2A in Gardner across from the PACC and overlooking scenic Kendall Pond.

To register for a week of camp or a one hour long weekly class please return the enclosed registration form along with a \$10.00 per family registration fee and your payment. Campers will also need to provide a copy of their latest physical and vaccinations.

More information about what to bring and what to expect will be e-mailed or mailed to those registering for camp.

If you would like to visit our facility or speak with someone about any of our programs, please feel free to give us a call!
Meridian Gymnastics (978) 630-1100

Camp sessions run:	Cost per week
Mornings 8:45-11:45	\$85.00 (\$68.00 for Week 1)
Afternoons 12:00-3:00	\$85.00 (\$68.00 for Week 1)
Full Day 8:45-3:00	\$160.00 (\$128.00 for Week 1)
Extended day (until 5:00)	\$50.00 (\$40.00 for Week 1)

Our summer programs begin the week of July 3rd. and run for 7 weeks through the week ending August 19th.

Inside this brochure you will find more information regarding hour long gymnastics classes, tumbling classes, and open gym.



871 West Broadway
Gardner, MA 01440

MERIDIAN

GYMNASTICS AND YOUTH FITNESS

SUMMER 2011



July 5th. through August 19th.

Come join us in our
Air Conditioned Facility!
Have a ton of fun, stay cool, and do
something that's good for you!

Located at
871 West Broadway
Gardner, MA 01440
Phone(978)630-1100
www.meridiangymnastics.com

OFFERING:

CAMP

Morning Session- 8:45-11:45
Afternoon Session- 12:00-3:00
Full Day Session- 8:45-3:00
Extended day is available too.

Ages three and up
Sign up for at least four weeks and receive
a 10% discount!

CLASSES

Sign up for a tumbling or gymnastics class that
meets once a week for 7 weeks.
Ages 15 months and up

OPEN GYM

Monday through Friday 3:30-4:15
Just \$5.00 drop-in fee ~ No commitment!

Meridian gymnastics camp is Licensed to run its
summer camp through the Local Board of Health
and in compliance with the regulations of the MA
Department of Public Health. This includes CORI
checks and First Aid /CPR certification.

Gymnastics Camp

For both beginners and veterans!

Week long summer gymnastics camp is offered to girls and boys ages 3 and older. Along with gymnastics and exercise in our air conditioned facility the children will also spend time outside doing water activities and arts and craft projects. Children may attend a half day (either mornings or afternoons) or for the families looking for a full day we offer the ability to attend from 8:45 to 3:00 or extended day until 5:00. Our goal is to have fun exercising while promoting a healthy mind, a healthy body and healthy habits! We guarantee a great time!

Camp times:

Mornings 8:45-11:45	\$85.00	(\$68.00 for Week 1)
Afternoons 12:00-3:00	\$85.00	(\$68.00 for Week 1)
Full Day 8:45-3:00	\$160.00	(\$128.00 for Week 1)
Extended day- (Pick up by 5:00)	\$50.00	(\$40.00 for Week 1)

Cost per week:

- Week 1-July 5th. to the 8th.
- Week 2-July 11th. to the 15th.
- Week 3-July 18th. to the 22nd.
- Week 4-July 25th. to the 29th.
- Week 5-August 1st. to the 5th.
- Week 6-August 8th. to the 12th.
- Week 7-August 15th. to the 19th.

Take 10% off total due if signing up for at least 4 weeks!

Weekly Gymnastics Classes

Cost: \$87.00 for Monday classes due to July 4th Holiday
\$101.50 for Tuesday and Wednesday classes

Classes start the week of **July 3rd.** and meet once weekly for 7 weeks **through August 19th.**
You can schedule a make-up if you know you are going to be absent!

Tumbling (Second grade and up)
Monday 6:00-7:00

Tiny Tots (15 months through 3 yrs old)
Monday 4:45-5:30

Gymnastics for ages 5 and up
Tuesday 4:45-5:45

Pre-school gymnastics (for ages 3,4,and 5)
Wednesday 4:45-5:45

Open Gym
Monday through Friday 3:30-4:30
\$5.00 per child

No need to register, just show up!

To register for either a week of gymnastics camp or a weekly class please return the enclosed registration form along with your payment.

Full program information will be available in August.
For more information or to get on our mailing list please call (978) 630-1100

Students Name: _____ Age: _____ Grade: _____

Parents Names: _____

Address: _____

Phone Number: _____ Email Address: _____ We will use email to communicate important camp information. Do not put an email address if you would like us to send information via the US Postal Service.

Camp: \$10.00 Registration fee per family + \$85.00 per week for 1/2 day & \$160.00 for full (\$68.00 for 1/2 day & \$128.00 for full day Week 1) Extended day is \$50.00 per week (\$40.00 for Week 1). Take 10% off total if registering for at least four weeks! Please send registration form in ASAP to hold your spot. Proof of physical and immunizations are due by your child's 1st day of camp.

Please write M for Morning, A for Afternoon, or F for Full Day in the box

Week 1 <input type="checkbox"/>	Week 2 <input type="checkbox"/>	Week 3 <input type="checkbox"/>	Week 4 <input type="checkbox"/>	Week 5 <input type="checkbox"/>	Week 6 <input type="checkbox"/>	Week 7 <input type="checkbox"/>
July 5th.	July 11th.	July 18th.	July 25th.	Aug. 1st.	Aug. 8th.	Aug. 15th
to the 8th.	to the 15th.	to the 22nd.	to the 29th.	to the 5th.	to the 12th.	to the 19th.

Hour long classes: \$10.00 Registration fee per family + \$87.00 for Monday classes or \$101.50 for Tuesday or Wednesday classes
Please check the class you would like to attend

Open Gym-Monday through Friday-3:30-4:30-No need to register-\$5.00 per child. New students will need to have parents fill out reg. forms.

Tumbling (Second grade and up) -Monday 6:00-7:00 **Gymnastics for ages 5 and up - Tuesday 4:45-5:45**

Tiny Tots (15 months to 3)-Monday 4:45 -5:30 **Pre-school gymnastics (ages 3, 4, and 5)- Wed. 4:45-5:45**

Payments can be made to Meridian Gymnastics and dropped off or mailed to:

Meridian
871 West Broadway
Gardner, MA 01440

Amount Enclosed: _____ Check # _____

All new students must have a Meridian Gymnastics registration card and Medical Treatment form signed by a parent/guardian on or before the first day of your child's camp week or class.